From: ACA World Service Organization noreply-signup@acawso.org

Subject: The Traveler - May 2024 from ACA WSO

Date: May 1, 2024 at 01:31

To: westernwashingtonintergroupaca@gmail.com





#### May 2024

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#### **WSO News**



2024 Annual Business Conference (ABC) 5/18 -19, 9am-5pm ET.

Registration closes 5/13.

All ABC information at <a href="https://adultchildren.org/conference/">https://adultchildren.org/conference/</a>

**Delegate Connections Events** 

Saturday 5/4 @ 9:00am ET, 5/11 @ 9:00pm ET

**Delegate Education Sessions** 

Saturday 5/4 @ 9:00pm ET, 5/11 @ 9:00am ET

For information for Delegates and potential Delegates:

https://drive.google.com/file/d/1NIV-KvEkUaB9anC\_BcKHAhrjAxcFR-BD/view?usp=sharing

### **Boca Regional Convention Speaker Recordings Now Available**

Audio recordings from the 2023 Boca Raton Regional Convention, organized by the SE Florida ACA Intergroup, are now available for purchase. These professionally recorded event proceedings come at a fee, aimed at offsetting the recording costs of the in-person event. To buy these recordings, visit the shopping cart at <a href="https://shop.adultchildren.org/collections/boca-raton-2023">https://shop.adultchildren.org/collections/boca-raton-2023</a>.

#### "Virtual Intergroup" Or "Virtual Region"?

Are you a member, meeting or intergroup interested in forming or participating in a "virtual intergroup" or

"virtual region"? If so, please email <a href="mailto:introducing">introducing</a> everyone to one another will be sent out to those who respond.

# **Young Adults & Teens Subcommittee Needs Support**

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roung Adults & Teens Subcommittee would like to invite new potential servants to support teens and young adults all over the world. We need a co-chair and more members to join the subcommittee. We meet once a month. <a href="https://acawso.org/young-adult-and-teens/">https://acawso.org/young-adult-and-teens/</a>

## **Shares About Boundaries For A Boundaries Resource Book**

We welcome shares about your experience with boundaries for a boundaries resource book. To send a share or volunteer to be part of the writer team, email <a href="mailto:boundariesinaca@gmail.com">boundariesinaca@gmail.com</a>. You can see more in the fellowship news channel at ComLine.

https://adultchildren.org/comline/fellowship-news/boundaries-team-invites-shares-and-writers/

#### **ACA Needs YOU Now!**

ACA Needs YOU Now! Most of us don't think much about ACA World Services Organization (WSO) because we're focused on our personal recovery, our groups, and our fellow travelers. We take for granted what WSO does... <a href="https://acawso.org/wp-content/uploads/2024/04/Announcment-to-apply-for-the-board-or-the-nominating-committee.pdf">https://acawso.org/wp-content/uploads/2024/04/Announcment-to-apply-for-the-board-or-the-nominating-committee.pdf</a>

# Did You Know The 7th Tradition Plays A Crucial Role In ACA?

Did you know the 7th Tradition plays a crucial role in ACA? Members contribute to group, intergroup and World Service expenses, fostering a sense of responsibility and self-sufficiency. Not accepting external donations preserves the program's integrity ensuring its continued effectiveness.

CONTRIBUTE HERE!



# **ACA's Annual World Convention (AWC) Recordings**

The recordings of the workshops presented at the 2023 AWC are now available here: <a href="https://adultchildren.org/2023-awc/">https://adultchildren.org/2023-awc/</a>

#### **ComLine Special Edition**

A Special Edition of the ACA ComLine Blog is issued on May 1, 2024, filled with shares, poetry, music, and art on member experiences of RACIAL TRAUMA and recovery in ACA. Click the link to see this Special Edition. <a href="https://adultchildren.org/literature/comline/">https://adultchildren.org/literature/comline/</a>

#### **ACA ComLine Blog Publications**

The ACA ComLine Blog publishes items submitted by ACA members sharing experience, strength, and hope in recovery. Here is a link to an article submitted by a Fellow Traveler that was published in the 4/1/24 issue of the blog.

https://adultchildren.org/comline/aca-toolbox/a-sufficient-alternative-to-theoriginal-twelve-steps/

#### **French Daily Meditations Book**

Please contact us if you would like to give service in the publication of the "Strengthening My Recovery Daily Meditations book" in French. Wanted: 3 more members for coordination and 5 bilingual readers to make corrections in a draft. Pass it on.

On Slack please reach out to:
Christine M. (sauge21@free.fr)
and to Manon Quebec, or Marion M or at pubsupport@acawso.org.

#### Have You Ever Considered...

Do you have the qualifications for our Board of Trustees but the time commitment doesn't work for you just yet? If you answered yes, you might consider serving on the Nominating Committee. Please read on: https://acawso.org/2024/01/20/have-you-ever-considered/

#### **Treasurer's Corner**

<u>Click Here</u> to read the Monthly Treasurer Report. The latest report displayed usually shows the report for the month prior to the current month.

#### **Featured Meetings & Events**

#### Ready Set Go!! Series

Ready Set Go!! is a 6-week introductory program of the ACA Program, the ACA 12 Steps. and introductory Inner Child Workshop "Awakening Little One."

#### Morning Series

Tuesdays 10AM - 12PM Eastern (WEB1119) May 14, 21, 28, June 4, 11, 18, 2024 For more information click here

#### **Evening Series**

Thursdays 7PM - 9PM Eastern (WEB1120) May 16, 23, 30, June 6, 13, 20, 2024 For more information click <u>here</u>

Contact - rsg@acawso.org

Sponsored by West Great Lakes ACA Intergroup, IG #70

#### **Meet & Greet With The Volunteer Resources Committee**

Join our "Meet & Greet", a welcoming space for Representatives and Committee members to discuss WSO service.

Ask questions. Find clarity in each other's experience.

The VRC hosts this fellowship opportunity, promoting healthy committee environments. Information at: <a href="https://acawso.org/vrc/">https://acawso.org/vrc/</a>

Next meeting May 11, 2023 1:40 - 1:55 pm ET

Zoom

Meeting ID: 869 3807 5882

Passcode: 656656

#### 39th Bi-Annual Puget Sound ACA Retreat

May 9th - 12th, 2024 @ Seabeck Conference Center, Seabeck, WA

Sponsored by Puyallup Valley ACA, mtg# 227 266 735 392

For more information click **here** 

#### **Sponsorship Workshop**

May 4 @ 1:00 pm - 3:00 pm EDT

It's offered as a hybrid event, in person in Savannah GA, and online. For more information and flyer, visit <a href="https://atlanticsoutheastaca.org/events">https://atlanticsoutheastaca.org/events</a>

Sponsored by IG# 757

#### **ACA Inner Family Summer Picnic Workshop**

May 11 @ 11:00 am - 4:00 pm EDT

A Loving Parent Guidebook based workshop picnic.

Sponsored by NC0085

For more information click here

#### **Fellowship Picnic**

May 25 @ 12:00 pm - 4:00 pm EDT

Location: Central Park, 601 Fleming Avenue, Ormond Beach, FL 32174

Sponsored by FL215

For more information click here

# See More Events Submit Your Event

**Meetings** - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the <u>Find a Meeting</u> page on adultchildren.org to search for a meeting, or for more detail on specific meeting types, visit the <u>Meeting</u>, <u>Phone</u>, and <u>Online</u> meeting information pages.

#### **WSO Board of Trustees Teleconference**

The ACA WSO Board holds its public teleconference meeting quarterly on the second Saturday using Zoom, at 2pm Eastern time. *Note: The next Teleconference is June 8th.* 

**Zoom Meeting ID:** 228 809 511 **Passcode:** 90755 For more information, including agendas, previous minutes, the Zoom meeting ID, and telephone access numbers, please visit the <u>ACAWSO.ORG website</u>.

#### **Twelve Concepts of Service - Concept V**

Throughout our structure, a Right of Petition prevails, thus assuring us that minority opinion will be heard and that petitions for the redress of grievances will be carefully considered.

You can find the <u>12 Concepts of Service here</u>.

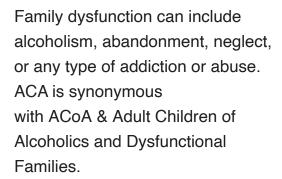
#### **Daily Meditation Emails**

ACA WSO also publishes a daily email with the Meditation of the Day from the

book "Strengthening My Recovery". You can sign up to receive the <u>meditation</u> <u>email here</u>. You will need to sign up for this separately from The Traveler Newsletter email.

### About Adult Children of Alcoholics (ACA)

ACA is a worldwide 12 Step / 12
Tradition program of recovery
dedicated to people who were raised
in dysfunctional families. ACA does
not seek to assign blame to parents
or caretakers, but we seek to
understand the reality of how family
dysfunctions affected us as children
and still affects our adult behavior
today.



For more information visit: <a href="https://www.adultchildren.org">www.adultchildren.org</a>











#### Our maining address is:

ACA WSO PO Box 811 Lakewood, CA 90714

Add us to your address book

Want to change how you receive these emails? You can <u>update your preferences here</u>.

or

unsubscribe westernwashingtonintergroupaca@gmail.com from all ACA WSO emails with this link.